STEVE ADAMS
MBA

Steve Adams, MBA, is the Author of *Patient Number One?*, *Unleash the Peak Performer Within You* and *Passionate Entrepreneur*. Steve speaks on slowing the aging process and health transformations. Steve is also the Founder and CEO of Tiger Medical Institute. He is a former corporate banker and veteran entrepreneur. His passion lies in helping driven professionals recover and optimize their health by guiding them through a comprehensive medical transformation. Adams grew his first venture to over 800 employees in 6 states with revenues exceeding $100 million and he wants to help professionals restore health and protect their cognitive function for life.

How To Become
Patient Number One

The lesson is in the title, the principle is that you are that patient, and the philosophy is simple, the better, stronger, happier, more energetic, and healthier you are, the greater value you will be to everyone else… most of all, yourself and your loved ones. This topic educates professionals on how to slow the aging process and transform and optimize their health for the long run from a different perspective than conventional medicine.

You can check out Adams here at www.steveladams.com, and learn more about his training programs at www.tigermi.com.

His newest book, *Unleash the Peak Performer Within You,* is available on Amazon and other major booksellers.

We help driven professionals recover and optimize their health by guiding them through a comprehensive medical transformation.

Audiences will receive immediate benefits and feel better after this course because they will be able to:

- Define the "8 Pillars of Elite Health," the core of the Tiger Medical System.
- Determine how to optimize sleep with simple steps to improve your sleep tonight.
- Discuss the "Optimize Your Brain" system and explain the pathways to cognitive disease.
- Describe how to turn food into medicine – the methodology to create a precision fuel plan.
- Identify the fastest way to activate and sustain your "Anti-Aging Pathway" and the power of "HRV."

Schedule:
Keynotes, 90-minute sessions, half-day, full-day or multi-day

Presentation Types:
Seminar, webinar, or workshop

Prior Speaking Engagements:
- Ultimate Wealth Camp - Main Stage Speaker - 2021
- Action To Win CE Conference - Emily Letran, DDS - 2021
- Magnetic Marketing Info-Summit - Main Stage Speaker - 2019
- National Multi-Unit Franchisee Association - Speaker - 2014-2017
- No B.S. Direct Marketing Super Conference - Dan Kennedy - Event Main Stage - 2016
- Pet Supplies Plus Annual Franchisee Conference - Main Stage Speaker - 2012
- Dentistry's Got Talent Speaker Competition - 2022

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